

*Hub Club* Planned Closure Dates\* NOT OPEN BANK HOLIDAYS

Open up to and including **Friday 4th April** (then closed for Easter\*)

\*Open **Saturday 12th April** and **Monday 14th April** (9.30am to 3:30pm)

Open from **Tuesday 22nd April** to **Friday 23rd May**

Closed from **26th May** up to and including **Monday 2nd June**

Open up to / including **Friday 25th July** (closed until **Tues 2nd September**)

This insert sheet is updated **more often than the 'General What's On'** and has contains **dated events and activities** that change more often or are **time limited!**

**Money Coaching**

is a free service designed to empower you with the knowledge, skills, tools and confidence to better manage your finances.

Anyone can benefit - from seasoned budgeting experts to those struggling to get to grips with their spending



**Budget like a boss.**

Free, expert money coaching

[capuk.org/trymoneycoaching](http://capuk.org/trymoneycoaching)

Contact Ailie, or see the What's On 'Seasonal Update' for dates

Book a FREE Place: Contact Ailie Redman e: [ailie.redman@graceinthecommunity.com](mailto:ailie.redman@graceinthecommunity.com)

**WORKSHOP DATES:**

**Saturday 26th April**  
**One-Day Workshop**  
 9am – 12.45pm  
 Acorn Lounge @229

**Workshop over two evenings @229**  
**Tuesday 1st April**  
**and Tuesday 8th April**  
 7.15 to 9.15pm  
 Acorn Lounge @229

cash preferred

Ladies & Men's Vintage, New & Pre-loved clothing

garb  /garbevents  
**£1 CLOTHING SALE**

**SALE DATES @229**  
**10am to 12noon**

**Saturday 14th March**

**Saturday 21st June**

**Saturday 13th September**

**£1 entry**

FREE HELP & REPAIRS FROM LOCAL VOLUNTEERS



ELECTRICALS · CLOTHES · DIY  
 BIKES · GARDENING · TOYS  
 NO BOOKING REQUIRED - TURN UP & QUEUE



**SATURDAYS**  
 10am to 3pm

**26th April**

**14th June**

**6th September**

*Hub Club* Cafe will be open for drinks, cakes and snacks  
 You are also welcome to come in to play board games, do model painting or some mindful colouring

# restorative YOGA

A Journey to Healing & Relaxation

**MONDAYS 9:30-10:30 AM**

Designed to **nurture** your **body & soul**

Combines **transformative** practices of **coaching, somatic release, & breathwork**. Slow down & **connect** with your **inner self**

Suitable for all levels

Please bring a yoga mat if you have one

£5 per class

£3 for seniors



LEAF COACHING  
EMPOWER AND EDUCATE

For more info contact Aamna  
e: aamnakhokhar@hotmail.com

t: 07946 668215

**YOGA**

**Class**

**Starts**

**MON**

**12th**

**May**

**Book**

**NOW!**

# PAPER CRAFT CLUB

**Thursdays 10:30 to 12:30**

in *Hub Club Cafe*

**Free drop-in activity**

**origami**

**pop-up cards**

**book folding & more!**



**volunteer-led activity**  
**no experience needed**

*just turn up!*

**PAPER**

**CLUB**

**Starts**

**Thurs**

**8th**

**May in**

*Hub Club*

**cafe**

# EASTER

## PERFORMING ARTS CAMP

Children will take part in various performing arts classes throughout the day - Street Dance, Musical Theatre, Cheerleading, Contemporary, Drama and Singing. They will also do Arts and Crafts.

Children will need to bring a packed lunch & drink.



**BOOKINGS NOW OPEN!**

*Inspire*  
performing arts

**9AM TO 3PM**

**APRIL**

**TUES 8TH**

**WED 9TH**

**THURS 10TH**

**TUES 15TH**

**WED 16TH**

**THURS 17TH**

Project 229  
227-229 Bedford Road  
Kempston, Bedford  
MK42 8DA

*Suitable for ages 3+*

Classes must be pre-booked

Book via: [www.inspirepa.co.uk](http://www.inspirepa.co.uk)

# explore

*Explore the big questions of life*

**The Explore Course is a chance to talk about some of the big questions of life and faith...**

We run regular courses throughout the year, and they are free. Whatever your background, you will be given a warm welcome.

Check out details about the latest course below:

**7.30pm for 4 weeks**

The Cafe at Project 229, Kempston MK42 8DA

**Wednesday 30 April**

**Wednesday 7 May**

**Wednesday 14 May**

**Wednesday 21 May**

For more info email: [graham.albans@graceinthecommunity.com](mailto:graham.albans@graceinthecommunity.com)

[www.graceinthecommunity.com/explore](http://www.graceinthecommunity.com/explore)

# MASTERCLASS workshops

**FRIDAY 25TH APRIL**

**6:00-7:00PM**

**COMMERCIAL**

**FRIDAY 23RD MAY**

**6:00-7:00PM**

**MUSICAL THEATRE JAZZ**

for more information please contact:  
e: [inspirepa@outlook.com](mailto:inspirepa@outlook.com) t: 07305 809342

please visit: [www.inspirepa.co.uk](http://www.inspirepa.co.uk)

*Inspire*  
performing arts

*bedford giving*

ACL Collective  
Partnership

# The Easter Bunny's Party

Saturday 12th April 2025 & Monday 14th April 2025  
Two Sessions Each Day: 10:00 AM - 12:00 PM & 1:00 PM - 3:00 PM

venue - Project 229, 227-229 Bedford Road, Kempston, Bedford, MK42 8DA

Join us for a magical Easter adventure filled with fun activities!  
Arts & Crafts, Sensory Play, Soft Play, Theatre & Puppetry, Games, Storytelling, an Egg-cellent Easter Egg Hunt & Meet the Easter Bunny!

**Free Event**

A Special Event created for Babies & Toddlers (0-5 years)

Booking required via Eventbrite  
Limited Spaces available



This event is now sold out but ACL are operating a waiting list so you can sign up in case there are late places available or so you can find out about other events

Keep up-to-date with the latest 229 groups and activities at [www.project229.org/whatsonnow](http://www.project229.org/whatsonnow)